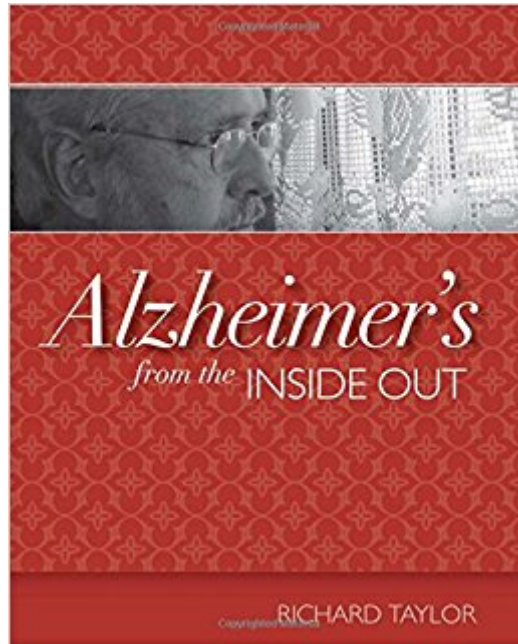




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# Alzheimer's From The Inside Out



## Synopsis

Offers a glimpse into the world of individuals living with Alzheimer's disease. The author, who was diagnosed at age 58, shares his account of his slow transformation and deterioration. Addresses complexity and emotions surrounding issues such as the loss of independence, unwanted personality shifts, struggle to communicate, and more. Softcover.

## Book Information

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## Customer Reviews

"Dr. Taylor's words shed light on a very dark experience and the reader is led out of the darkness by his frankness, his humor, and most of all his spirit - "alive within me." His penetrating and pleading comments related to care giving cause the reader to take a deep breath, pause, and move forward with much greater insight into the complexity of these emotional relationships. Are these innovative words asking too much of the reader? I think not. We have been shielded too long from the mysteries of Alzheimer's disease; these fresh words compel us to shed our misperceptions and enter into the world of those who command our attention. Through Dr. Taylor's beautiful language and poignant reflections, we approach some clarity about the long neglected and misunderstood phenomenological experience of those living with Alzheimer's disease." (Naomi D. Nelson, Ph.D., Psychologist, Baylor College of Medicine 2001-01-01)"This is not an ordinary book. It is an extraordinary collection of anecdotes, ruminations, insights, comparisons, literary allusion and blinding insights. Be prepared to be challenged. Be prepared to reflect on your own human failings and joy at not having Alzheimer's disease. But most

importantly, be prepared to read this book." (Dementia Journal (UK) 2001-01-01)"Such a personal telling of a tale . . . Part Eric Berne, part Henry Fonda in On Golden Pond, part the final movement of Mahler's Das Lied von der Erde, this work moves one to tears." (David O. Staats, M.D., University of Oklahoma Health Sciences Center Doody's Review Service 2001-01-01)How poignant [these essays] are in expressing life with AD. [This] is a perspective I had not heard before and the insight is invaluable to me as a caregiver for my dad." (Molly G., family caregiver 2001-01-01)"After reading this book I have come to the conclusion that this is perhaps the most important book in the field of dementia care ever written

Dr. Taylor writes with passion and humor about a wide range of topics that capture the experience of living with a diagnosis of "probable Alzheimer's disease"

These poignant essays come from the heart and the soul of a sensitive and intellectually gifted man who has become a national champion and advocate for the millions of people living with this disease." (Lind L. Buettner, Ph.D., CTRS, FGSA, Professor of Health Science, Florida Gulf Coast University 2001-01-01)"[These essays] have given me lots of insight as to what goes on inside my mom's mind. It's hard being on the outside trying to figure out what's going on inside." (Debra K., family caregiver 2001-01-01)"Among the millions with this cruel disease, Richard is rare in that his preserved memory, language, and thinking skills made possible these essays about his experience of the disease. He offers valuable insights to family and professional caregivers seeking to uphold the dignity of all people living with the disease. A debt of gratitude is owed to him, his wife, and his family for refusing to go gently into that good night." (Daniel Kuhn, M.S.W., author of Alzheimer's Early Stages 2001-01-01)"Richard is our canary in the coal mine. He is chirping, trilling, humming. His advancement through life's thickets lead him inside, around, and back. His questions, yearnings, satisfactions, regrets, challenges, humor, and provocations are warnings we all must heed." (Laura S., caregiver 2001-01-01)"Written with sensitivity, humor, and passion, Alzheimer's from the Inside Out describes the author's sometimes bumpy, but always insightful, journey with Alzheimer's disease. Telling his stories in a series of informative vignettes, Richard challenges us all to be more authentic and work to make life better for persons with dementia--not tomorrow, but today!" (Virginia Bell, M.S.W., co-author, The Best Friends Approach to Alzheimer's Care 2001-01-01)"I thought I understood what life was like for my Alzheimer's-affected parents-until Richard's story enlightened me with insight into an unimaginable world. Every family with an elderly loved one, and every medical professional who works with elders, should read this gripping and marvelous book!" (Jacqueline Marcell, author of Elder Rage and host of Coping with Caregiving radio program 2001-01-01)"Extraordinary, brilliantly insightful, inspirational, courageous, thought-provoking--there is no end to the positive descriptors that can be

attached to this amazing book by Richard Taylor. Alzheimer's from the Inside Out is not only a must read for persons with Alzheimer's and their personal and professional care partners, it is, plain and simple, a must-read book." (Carol Bowlby Sifton, family caregiver, clinical dementia consultant, author of Navigating the Alzheimer and editor of Alzheimer's Care Quarterly 2001-01-01)

Thoughtful and self-reflective, this collection of illuminating essays offers a rare glimpse into the often incomprehensible world of individuals living with Alzheimer's disease. Diagnosed at age 58, psychologist Richard Taylor shares a provocative and courageous account of his slow transformation and deterioration, and of the growing divide between his reality and the reality of others. With poignant clarity, candor, and humor, Taylor addresses the complexity and emotions surrounding issues such as the loss of independence and personhood, unwanted personality shifts, the struggle to communicate, changing relationships with loved ones and friends, continuous declines in ability to perform familiar tasks, and never-ending uncertainty about the future. Alzheimer's from the Inside Out is a captivating read for anyone affected by this mind-robbing disease. Individuals with early-stage Alzheimer's disease will take comfort in the voice of a fellow traveler experiencing similar challenges, frustrations, and triumphs. Family and professional caregivers will be enlightened by Taylor's revealing words, gaining a better understanding of an unfathomable world and how best to care for someone living in it.

While reading this book I learned that Richard Taylor passed away in July of this year (2015) as a result of cancer. What a courageous man he must have been to turn his devastating diagnosis into a project like this. I along with some of the other members of my family spend a great deal of time caring for my mother who is in the late stages of Alzheimer's. Mr. Taylor's essays touched many areas that we have experienced. But what is so powerful is that he gives insight into what my mother may have thought at various times during the history of her disease. I recommend this book to anyone who is caring for a victim of this terrible disease.

Thank You Richard, for sharing your story. I am currently a caregiver for my Aunt who is 72 years old & has dementia probably of the FTLT type. Your book has inspired me and I have learned more from you, than from any Doctor, Specialists etc. You have made a difference in my life as a caregiver. My Aunt is a wonderful compassionate person. We are extremely close to one another. She is my best friend! I treasure every moment with her and im with her just about every day. She is my hero! ÆfÂçÃ Â•Ã Â²ÃfÂ Ã Â,Ã Â•ÃfÂ Ã Â,Ã â™Ã Â“Im so very proud of my Aunt

Judy.ÃfÃçÃ Â•Ã Â¼ÃfÃ Ã Ã,Ã Â•

Thank you, Richard Taylor, for putting your insights into words. Very helpful to me for understanding a little better how my spouse is experiencing the effects of Alzheimer's Disease. This book is most helpful for the caregiver, but some parts have been very helpful for my spouse with AD. I admire Richard and his family for getting this book published. Thank You.

As a Skilled Nursing Facility administrator I have been around Alzheimer's for years. This book finally gives me some real insight as to what is going on inside the head of the person with dementia.

One of the best books on the Alzheimer's experience that I've read. My spouse had early-onset Alzheimer's, and I'm constantly searching for books to help me better understand her experience. This one is in a class all by itself.

My Mother has Alzheimer's and this book was very helpful in helping me to understand how she sees and thinks about things. She isn't able to tell me what is going on in her mind at all. I learn the most when I listen to her talk to herself in the mirror. But this book, written by someone who actually was documenting how things were feeling to him, was very helpful. I have been able to get closer to my Mother now. I picked up several ideas on how to communicate with her since reading the book. This has been one of the most helpful books on Alzheimer's I have read. Another book that I really liked is "Still Alice."

My father had Alzheimer's, both grandparents, and an aunt, so my chances of getting it are pretty good. Richard Taylor is so intellectual (college professor and psychologist) that you can't help but believe what he is saying about he is reacting to having Alzheimer's at 58. Wonderful tips for caregivers and a wonderful read for people who like to hear an intelligent person telling his innermost thoughts. Amazing and insightful.

This book was recommended to me 2 years ago when my mother got diagnosed with Alzheimers. I find what he says to be true. Richard is very verbal and bright and it still comes through in his diagnosis. What he says is very applicable, some of which I am already aware of from being around my mom and in Alzheimer's units (where I have worked for 5 years). "Look at reality" is reiterated

over and over. I am growing to appreciate what Alzheimer's is teaching me. I loved getting an inside look at Richard's thoughts. I did alot of highlighting. I am getting the book for my sibblings.

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